



Saturday, September 29, 2018

To Benefit the Bay Head School

5k RUN AND FITNESS WALK START: 8:30am

KIDS' RACE START: 9:30 am

Race Day Registration: 7:00 – 8:15am

Pre-Race Pick up Friday, Sept. 28th 5-7pm (Firehouse)

REGISTRATION AND FEES

Entry Fee: \$25.00 until September 6th \$35.00 late registration

Entry Fee includes tech t- shirt and giveaways while supplies last - Early Registration will receive exclusive discount

Kids Race (only) entry fee: \$15 includes award and t-shirt (no t-shirt guarantee for late registrants)

Awards, Prizes and Giveaways

THE COURSE

USATF Certified Course - Flat and fast through beautiful town of Bay Head and bayside of Mantoloking

INFORMATION/DIRECTIONS

Web: www.sharkrun5k.com

email: sharkrun5k@yahoo.com

phone: 732-892-0668

ONLINE Registration: www.active.com or www.raceforum.com

Race location: Bay Head, NJ Race Check in: Firehouse, Bridge Ave. Kids Race behind Municipal

Event: (check only one) 5k run 5k walk (non-competitive) kids' race (12&U)

Shirt (check only one) YOUTH S M L XL
 XL XXL

ADULT S M L

First Name MI Last Name Age

Circle: Male Female

Address City, State Zip

Phone and email

Make Check Payable to:
BHS Shark Run 5k
Mail To: PO Box 94,

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any and all decisions of a race official relative to my ability to enter and/or complete the run. I assume any and all risks associated with participating in the event including, but not limited to: falls; contact with other race participants; the effects of weather including, but not limited to, high heat or humidity; traffic and conditions of the road; any and all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, for myself and alone entitled to act on my behalf, hereby waive and release the following: The Town of Bay Head and its related agencies, departments, and employees, the Bay Head School, the Bay Head Home and School Association and its members, race volunteers: from any and all claims and/or liabilities of any kind arising out of my participation in this event or the carelessness of the persons named in this waiver. Further, I grant to all of the foregoing the permission to use any photographs, motion picture recording, and/or any other record of this event for any legitimate purposes. I understand that the event will be held rain or shine and that no refunds will be issued.

Signed (parent or guardian if applicant under 18 years of age) _____ Date _____